



Thames Valley Shotokan Karate



Presents

Summer Bunkai Course

11:00 to 15:00

Sunday 17th August 2025

Highwood Primary School, Woodlands Avenue
Woodley, Reading. RG5 3JE

We will be taking an in depth look at applications for Heian Nidan and how to use them against common attacks.

This course will help you understand the principles of kata application so you can develop your own applications for other kata.

The course is suitable for all grades aged 13 and older. Under 13 years old may attend with a parent.

Price: £35 in advance or £40 on the day if spaces are available.

Please bring a drink and light snack.



Full Name:	
Date of Birth:	
Club:	
Licence No.	Expiry Date:
(Bring your licence book and renew if necessary)	
Current Grade:	
Signature:	Date:
(parent or guardian to sign if under 18yrs old)	

Please submit this form with your payment.

Email info@tvsk.co.uk for bank transfer details