



Thames Valley Shotokan Karate

Weekend Training Camp

Saturday 8th February &

Sunday 9th February 2025

Wokingham Masonic Centre

7 Reading Road, Wokingham. RG41 1EG

Open to all grades - Aged 14 and over





Programme




Saturday & Sunday will comprise
of 4, 1-hour lessons as follows:

10.30 hrs - 11.30 hrs	11.45 hrs - 12.45 hrs
13.15 hrs - 14.15 hrs	14.30 hrs - 15.30 hrs


All aspects of karate training will be covered
including: kihon, kata, kumite, bunkai, pad drills,
flexibility & ancillary training

Limited to 35 places

Price £65.00 for both days
Booking for one day only will be available
from 1st January for £35.00



Soft drinks will be available for
purchase at the venue.
Please bring a light lunch with you.
After Sunday's final session the bar
will be open and Pietro will be
selling freshly made pizza.



Application Form

Email info@tvsk.co.uk

for online payment options.

If you wish to pay by cash - please submit form and payment to your instructor by 1st February 2025.

Tick date(s) you are attending	Sat 8 th <input type="checkbox"/>	Sun 9 th <input type="checkbox"/>
Full Name:		
Date of Birth:		
Contact Tel No:		
Licence No:		
Licence Expiry Date: (Renew if expired)		
Instructor's Name:		
Present Grade:		
Dojo/Club:		
Applicant's Signature: <i>(Parent or Guardian if under 18yrs)</i>		
Date:		

