

## Weekend Training Camp

Saturday 17<sup>th</sup> August &

Sunday 18th August 2024

**Highwood Primary School** 

Fairwater Drive, Woodley, Reading. RG5 3JE

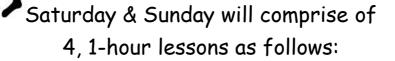
Open to all grades - Aged 14 and over







## Programme



10.30hrs - 11.30 hrs	11.45 hrs - 12.45 hrs
13.15 hrs - 14.15 hrs	14.30 hrs - 15.30 hrs

All aspects of karate training will be covered including: kihon, kata, kumite, bunkai, pad drills, flexibility & ancillary training

Limited to 35 places

Price £65.00 for both days Booking for one day only will be available from 1<sup>st</sup> July for £35.00

Please bring a light lunch and drinks with you. Pietro will be selling freshly made pizza after Sunday's session.

## Application Form info@tvsk.co.uk

## for online payment options.

If you wish to pay by cash - please submit form and payment to your instructor by 9<sup>th</sup> August 2024.

Tick date(s) you are attending	Sa	Sat 17 <sup>th</sup>		Sun 18 <sup>th</sup>	
Full Name:					
Date of Birth:					
Contact Tel No:					
Licence No:					
Licence Expiry Date (Renew if expired)	:				
Instructor's Name:					
Present Grade:					
Dojo/Club:					
Applicant's Signatur	e:				
(Parent or Guardian	if				
under 18yrs)					
Date:					

