



Thames Valley
Shotokan Karate

Weekend Training Camp

Saturday 17th August &

Sunday 18th August 2024

Highwood Primary School

Fairwater Drive, Woodley, Reading. RG5 3JE

Open to all grades - Aged 14 and over





Programme




Saturday & Sunday will comprise of
4, 1-hour lessons as follows:

10.30hrs - 11.30 hrs	11.45 hrs - 12.45 hrs
13.15 hrs - 14.15 hrs	14.30 hrs - 15.30 hrs


All aspects of karate training will be covered
including: kihon, kata, kumite, bunkai, pad drills,
flexibility & ancillary training

Limited to 35 places

Price £65.00 for both days
Booking for one day only will be
available from 1st July for £35.00



Please bring a light lunch
and drinks with you.



Pietro will be selling freshly made
pizza after Sunday's session.

Application Form

info@tvsk.co.uk

for online payment options.

If you wish to pay by cash - please submit form and payment to your instructor by 9th August 2024.

Tick date(s) you are attending	Sat 17 th <input type="checkbox"/>	Sun 18 th <input type="checkbox"/>
Full Name:		
Date of Birth:		
Contact Tel No:		
Licence No:		
Licence Expiry Date: (Renew if expired)		
Instructor's Name:		
Present Grade:		
Dojo/Club:		
Applicant's Signature: (Parent or Guardian if under 18yrs)		
Date:		

